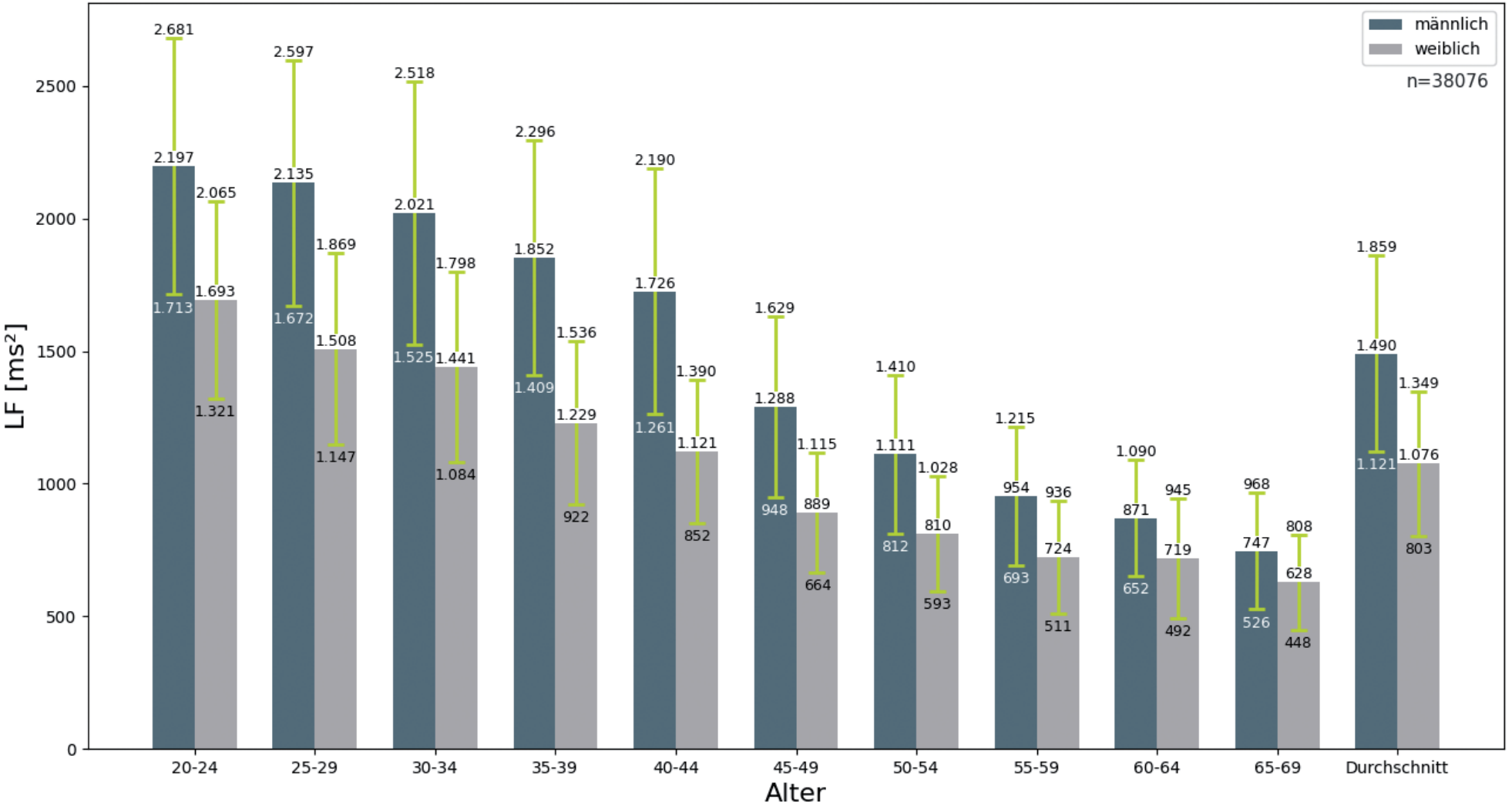

Abb. 4.30 LF gesamt Männer und Frauen (Quelle: Autonom Health®, 2021).